X97 Cross Trainer

The X97 is popular in large leisure centres alongside smaller facilities for its compact footprint, durability, and being easy to use. Designed to promote comfort during exercise with optimal stride length and pedal positioning. The simple design is easy to use, clean and maintain.





Comfortable Stride







Reading Rack

Push-Pull Handle Bars

Electrical Specifications

Power Required	110 ~ 220 Vac 20A
Motor Power	5.0 HP Peak 3.0 HP Continuous

Display Specification

Screen	6 Numeric Windows + Dot-Matrix Window
Display	Time, Speed, Incline, Heart Rate, Distance,
Feedback	Calories & Program
Workout	Quick Start, Fat Burn, Cardio, Strength, Interval,
Programs	Target, HRC, Customise & Physical Test
Language Options	English, French, German, Ditch, Spanish, Italian

Technical Specifications

Stride Length	500 mm / 20 inches
Pedal Spacing	64 mm / 2.5 inches
Step Up Height	320 mm / 12 inches
Resistance Levels	25 Levels
Maximum User Weight	182 kgs 400 lbs
Assembled Dimensions	L 204 x W 68 x H 181 cm L 81 x W 27 x H 72 inches

Key Features

Push-Pull Handle Bars	•
Easy Grip for Transport	•
Resistance Level Control	•
Reading Rack	•
Heart Rate	•
HR Chest Belt	Optional
Bottle Holder	•
Colour	Jet Black