

## Pro Series, Lat Pulldown / Low Row

This versatile line of strength equipment offers effective weight training solutions to maximise even the most compact spaces. Whether you are an experienced athlete or a complete beginner, all pieces in the Pro Series range are designed to offer a quick, straightforward and easy access workout.

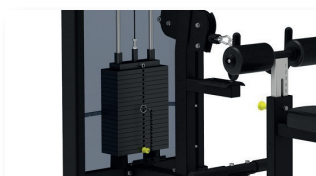
The specially designed Pro Series, Lat Pulldown / Low Row is designed to train latissimus muscles, give deltoid and upper body muscle an auxiliary training. User can set up personal settings on their own, work out back, shoulder and arm effectively with the movement of pulldown and vertical row.



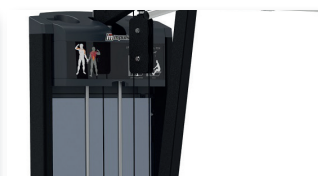
Adjustable Knee Pads



Lat Pulldown



Easy Weight Selection



Exercise Placard

### Technical Specifications

<b>Rating</b>	Commercial
<b>Shroud</b>	The cage is adopted with single-sided ABS translucent plastics with excellent durability and impact resistance. The injection-moulded plastics provide higher stability
<b>Tubing</b>	Tube of main frame is primarily at a thickness of 2.5mm, functional part uses a 50*100 rectangular tube, which makes the whole unit more powerful.
<b>Upholstery</b>	Chest pad, back pad and seat cushions are adopted with polymer material, which ensures safety and comfort whilst using.
<b>Adjustments</b>	The adjustable knee pads allows the proper set-up of the machine and user comfort.
<b>Weight Stack</b>	91 kg 200 lbs
<b>Dimensions</b>	L 189 x W 122 x H 223 cm L 74 x W 48 x H 88 inches

### Key Features

<b>Biomechanically accurate smooth trajectory movement</b>	•
<b>Multi-functional</b>	•
<b>The adjustable height of the knee pad meets the demands of various users.</b>	•