

Parachute Games

Popcorn: Place beanbags, small sponge balls, or fuzzee balls onto the parachute. Shake to make them pop up like "popcorn".

Roll: Have the children try to roll a ball along (rainbow chute)/ towards each person then back into the middle of (sunflower chute) the parachute.

Making Waves (rainbow wave parachute only): Children can make small, medium, or large movements to make various types of "waves." You can incorporate a story about a ship on the sea, weather, etc.

Poison Snakes: Place three or four skipping ropes onto the parachute. Shake the parachute to keep the snakes from "biting" (touching) you.

Parachute Tag: Lift the parachute high into the air. Call out two children's names. They must swap places by running under the parachute, before it comes down on them.

All Change: Call out birthday months, pre-assigned numbers, hair colour, age, pets etc, and those children swap places under the chute before it falls.

Bouncing Balls: Have one or two children underneath the parachute trying to knock balls off the parachute as the others try to keep them on.

Parachute Volleyball: Split into two sides of the parachute (rainbow chute) or two or more teams (sunflower chute). One side/ team tries to knock the ball off the other side or section past the other side/ team/ s.

Treasure Under The Sea: Place a variety of 'treasures' (anything you want) into a treasure box under the parachute. Make waves (above) as if in a Sea Storm. Send divers to retrieve called out items one by one from the box.

The Catapult: Place a ball/ beanbag/ fuzzee ball on the parachute, catapult it as high as possible and try to catch it as it falls.

Also, sing action songs and incorporate the actions into lifting and lowering the parachute, e.g. 'If You're Happy and You Know It', stamp feet, turn around, clap hands etc. as the parachute is lifted and try to catch if hands are released.