

## Row Max 2.0 Rowing Machine

The Row Max 2.0 delivers an effective cardiovascular workout that will increase your fitness level and tone your physique. Practical design and efficient engineering ensure that the Row Max 2.0 will last a lifetime. The dependable performance of the Row Max 2.0 Indoor Rower will take the abuse of heavy training day after day and is used for the intense training of Olympic and elite-level athletes.



Sturdy Frame



Display



Fly Wheel & Damper



Transport Wheels

### Technical Specifications

|                      |                                                                                                                                                  |
|----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| Chain or Cord        | Nickel-plated steel chain                                                                                                                        |
| Chain/Cord Housing   | Partially enclosed                                                                                                                               |
| Construction         | Steel front legs and rear support                                                                                                                |
| Storage              | Can be separated into two parts for easy storage                                                                                                 |
| Product Weight       | 38.5kg/84.9lbs                                                                                                                                   |
| Package Dimensions   | 147 x 58 x 37cm (4.8 x 1.9 x 1.2ft)                                                                                                              |
| Maximum User Weight  | 135kg<br>397.6lbs                                                                                                                                |
| Recommended Space    | Assembled: 245cmx65cm (8ftx2ft)<br>With clearance for use: 275cm x 130cm (9ft x 4.3ft)<br>For Storage: 75 x 95cm x 138cm (2.5ft x 3.1ft x 4.5ft) |
| Finish               | Powder coat                                                                                                                                      |
| Assembled Dimensions | L 240 x W 62 x H 107cm<br>L 96 x W 24 x H 14 inches                                                                                              |

### Key Features

|                                              |   |
|----------------------------------------------|---|
| Adjustable Footrests and Ergonomic Handle    | • |
| Easy Assembly                                | • |
| Durable Construction That's Easy to Maintain | • |
| Quick release for storage and mobility       | • |
| Flywheel and Damper                          | • |
| Low Profile                                  | • |

### Electrical Specifications

|       |                                                                                                                             |
|-------|-----------------------------------------------------------------------------------------------------------------------------|
| Power | Takes two D cell batteries. During your workout, the monitor draws power from the spinning flywheel to extend battery life. |
|-------|-----------------------------------------------------------------------------------------------------------------------------|

### Display Specification

|                  |                                                                                                                                                                                 |
|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Display          | D3 Monitor                                                                                                                                                                      |
| Display Arm      | Steel, Pivots for storage and to adjust monitor height. Monitor Angle can also be adjusted                                                                                      |
| Display Feedback | Date & Time, RPM, Time/1km, AVG Time/1km, Time, Cycle, Level, Watts, AVG Watts, Pulse, Drag Factor, Total Distance, Total Distance/30min, Calories, Calories/HR, Split, Memory. |
| Connectivity     | Bluetooth FTMS protocol, App: Kinomap, D-Fit                                                                                                                                    |