

7ft Premium Olympic Bar

Manufactured from a unique steel alloy with a 168,000 PSI tensile strength (standard bars have a tensile rating of 130-140,000 PSI), this bar is able to flex under pressure then return to its original form after lifting. The high quality hard chrome finish protects the bar from rust, and the end caps are tightly fitted to protect the end bearings and clips against dirt and dust ingress. These beautifully crafted chromed and knurled bars have been rated at 680kg (1500lbs) maximum load, so you can take your weight training to the next level.



Hard Chrome Sleeve



2mm Knurling Depth



Integrated End Cap



30mm Diameter Grip



Key Features

680kg / 1500lbs weight capacity	•
Hardened chrome finish	•
30mm diameter grip	•
Integrated cap design	•

Technical Specifications

Rating	Commercial
Material	Hardened chrome finish
Bar Weight	20kg / 44lbs
Weight Sleeve	41.5cm
Knurling / Grip Length	43cm
Distance Between Grips	131cm
Knurling Depth	2mm
Size	7ft