



Pressed Flower Cards


Learning outcomes:

KS1 Curriculum Links:

- Observe and describe the growth of flowers and plants.
 - Understand the importance of preserving flowers and plants.
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KS2 Curriculum Links:

- Appreciate the variety of flowers and their blooming in summer.
- Understand preservation techniques for flowers and plants.




Many flowers bloom in the summer in various colours, shapes and sizes. In this activity, students can press flowers to preserve their beauty and then use them to decorate cards. Students can appreciate the variety of flowers and their importance by understanding the blooming of flowers in summer and learning about preservation techniques. They will also explore how pressed flowers can be used as decorations.

Contents Included:

- Pack of blank cards and envelopes




Contents not Included:

- Heavy objects (books, etc.)
 - Paper towels (2 sheets per child)
 - PVA Glue and spreaders (enough for each child)
 - Pen/pencil for writing in the card (1 per child)
 - Container to hold flowers (1 per child)
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Pressed Flower Cards

Instructions:

1. Explain to the students that pressing flowers preserve them by drying them out, preventing decay and maintaining their colours. Share that they will find and dry their flowers for this activity, using them to create greeting cards.
 2. Provide each student with a container to store their flowers safely. Take the students on a nature walk to areas with abundant flowers, such as in long grass or among trees. Aim for a diverse walk to include various habitats and various flower types. Once each student has collected a few flowers, return to the classroom. Take extra care with delicate petals.
 3. Prepare heavy books or objects for pressing the flowers. If there are limited heavy books, each student's flowers can be placed between individual pages in a large book and weighed down.
 4. Give each student two sheets of paper towel. Ask them to write their name on one sheet in small writing in a corner. Instruct them to place their flowers on one sheet, leaving gaps between each flower. Flatter flowers work best for this process. If any flowers are thick, they can be cut in half to aid drying. Place the second sheet of paper towel on top and gently press down.
 5. Put each student's flower and paper towel set between the pages of a book and under the heavy objects. Check on them weekly until completely dry, which may take a few weeks.
 6. Return each set to the student once the flowers are dry. Instruct them to carefully remove the flowers from the paper towel to reveal their dried flowers. Ensure they are completely dry and free from mould. Discard any flowers with mould.
 7. Distribute a blank card and envelope to each student. Provide PVA glue and spreaders on the tables.
 8. Instruct the students to decorate the front of their cards with the dried flowers by glueing them on. Once finished, allow the cards to dry. Ask the students to write inside the cards and put them in the envelopes to give to someone special.
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Vocabulary: Flowers, Blooming, Preservation, Drying, Greetings Cards, Decorate, Molds, Book Press, Paper Towels, PVA Glue